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see story pg 3



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More waste going into green bins will save us money

by James Swanborough

A NUMBER of metropolitan councils such as Holdfast Bay, as well as West Torrens and Unley, are trialling a change of their general waste collection to a fortnightly service, while increasing the green waste collection.

However, Mitcham Council is adopting a 'wait and see' approach in monitoring the outcome of the trials by other councils.

Holdfast Bay Council, will start rolling out the change next month after an 18 month trial.

"We know that many of our residents are greatly concerned by climate change and this is this one of the easiest and most effective ways of reducing emissions," said Holdfast Bay Mayor, Amanda Wilson.

On their website, the council noted, 'local households already put 80 per cent of recycling in the correct bin, but only 30 per cent of food scraps were going into the green bin.'

"Therefore, a move to weekly organics, will have the biggest environmental benefit and create more jobs," it added.

The City of Mitcham's Waste Management Strategy similarly states: "Sending waste to landfill is the least preferred option for manag-

ing waste. It is expensive and not sustainable.

"Diverting recoverable resources from the waste bin into the recycling or green organics bin at the household level, will reduce our reliance on landfill disposal, reduce our carbon footprint and provide financial savings for Council."

Mitcham Mayor, Dr Heather Holmes-Ross said, "we are legislated to have to pick up general waste once a week," said Heather.

"Holdfast's trial is an opt out, and we are very interested in the outcome, as we believe it is something our ratepayers will support and benefit from.

"If food scraps go in the green bin, it ultimately saves ratepayers money, because we pay a much higher gate charge sending things to landfill than we do sending organics to Jeffries," said Heather.

"By picking up green waste weekly, we hope that it could ultimately lead to a reduction of rates, with greater compliance to putting organic waste where it belongs. There is always a degree of contamination, but if you don't know, put it in the blue bin, because it costs a lot to deal with contamination."

Negligent bin use by South Australian households is creating \$20 million each



◆ Mitcham Council are encouraging more residents to have a kitchen caddy with compostable bags to go into the green bins

year in extra waste management costs, according to industry experts.

Incorrect use of general rubbish, recycling and green waste bins continues to present widespread problems, with councils across the state embarking on public education campaigns.

Contamination remains the biggest issue with yellow bins, while too much food waste is being put into red or blue bins which should be going into green bins.

While households in Mitcham are currently only supplied with General Waste and Recycling bins by coun-

cil, this will change once the 2022/23 budget is passed.

"We recently moved that all residents will be able to have a kitchen caddy and compostable bags, and we will be providing green bins to residents," explained Heather.

"We hope that we can move towards collecting green bins weekly, as people will be more likely to put their compostables in their green bin, smell will be reduced and there is a large amount of food waste which goes into landfill currently which could easily be diverted to the green bin." □

Have your say on proposed cat laws

MITCHAM Council are seeking feedback from the community on some of their By-laws including: Permits and Penalties; Moveable Signs; Local Government Land; Roads; Dogs; Cats and Waste Management.

No major changes are proposed for: Permits and Penalties; Moveable Signs; Local Government Land; Roads; Dogs; and Waste Management By-laws; however, a significant change is proposed to By-law No.6 Cats which provides for the control and management of cats in the Council area and promote responsible cat ownership.

Three options are being presented to the community for feedback on changes to the Cats By-law which is aimed to better protect wildlife from predatory behaviour, keep pets safe and help prevent cats from being a nuisance to neighbours and other residents.

* Option 1:

By-Law includes provision now with the cat confinement clause to be phased in to be effective 1 January 2024. This provides a 12 month period after the commencement of the by-law to ensure that there is a comprehensive education and awareness campaign ahead of the provision commencing operation. It does not apply to cats registered before 1 January 2017, or to cats older than 6yrs as at 1 January 2023 (the 'grandfather provision') – this addresses the concerns previously raised about pet owners having to implement containment measures to control cats that have previously been able to freely wander.

* Option 2:

The need for change in the future after further community engagement and further consideration of state-wide cat laws. This option provides the flexibility for Council to explore cat confinement further and ensures there is opportunity for further community engagement to consider the matter of cat confinement further and either resolve to implement cat confinement at a future date to be decided, or resolve not to implement this clause during the life of the by-law. It does not apply to cats registered before 1 January 2017, or to cats older than 6yrs as at 1 January 2023 (the 'grandfather provision') – this addresses the concerns previously raised about pet owners having to implement containment measures to control cats that have previously been able to freely wander.

* Option 3

No changes to the existing by-law are proposed, Council will maintain a nuisance clause in the by-law whereby Council can address issues of nuisances created by cats, however it will not introduce cat confinement.

□ The full details are available online at [By-law Review | Your Say Mitcham \(mitchamcouncil.sa.gov.au\)](https://www.mitchamcouncil.sa.gov.au). Consultation closes 5pm Friday 8 July.

Letters to the Editor

Climate change brakes off

For the Australian Labor Party, the stars have all aligned and in relation to climate change in particular, the frustrating brakes of latter years are now off.

May I say to the Labor Party, make hay while the sun shines, don't waste a minute, and make sure that many of our Australian children, no longer have to march in great numbers, asking to be provided with a future.

Brian Measday, Myrtle Bank

Australia a climate laggard

Because coal is the prime cause of climate change, it is easy to understand why Australia has been labelled, by many of its trading partners, to be a climate laggard.

This is, of course, because of Australia's lack of

positive action to phase out coal use under a clearly defined timetable.

To enable Australia to shed its laggard reputation, it surely will now be important for the Labor Party, in a very obvious manner, to provide Australian's trading partners, with some detailed information as to when it is expected, that using coal will be eliminated from our energy producing mix.

Most Australian's now are aware, that coal must go, if climate change is to be beaten.

They, in simple terms, have an entitlement to be told, following the recent election results, how and when this necessary feat is expected to be accomplished.

Brian Measday, Myrtle Bank

□ Have something to share with Blackwood Times readers ... submit a Letter to the Editor including name and suburb ... email: info@blackwoodtimes.com.au

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Hub provides place of 'coming together'

by James Swanborough

THE new Blackwood Community Hub building, which will house a new library and community centre in the heart of Blackwood, has been named 'Kumangka', a Kurna term meaning 'to connect/coming together'.

Mitcham Council conducted community consultation on the naming of the Blackwood Community Hub and the Waite Street Reserve during March this year. The community consultation process that was undertaken for the naming, provided several naming suggestions which assisted in Council's final decision at their June 14 meeting.

However, Council is in the process of seeking approval from the Kurna Yerta Aboriginal Corporation before the name is introduced.

While Mitcham Council was undertaking work on Waite Street Reserve, and engaging in onsite discussions related to cultural monitoring during the excavation phase, the Kurna Elders and representatives from RAWsa* that were present, were informed about the potential opportunity to name the Hub building with a Kurna term.

These representatives immediately discussed their ideas and presented the term 'Kumangka' as they felt it represented all that the Hub was offering - a 'coming together' of people, ideas and opportunities.

"The library is a great resource, a place of sharing information. It's a great place to share Kurna culture and our shared history," said a representative from Mitcham Council. "We stress the interconnectedness of heritage, culture, and identity."

The naming follows the formal start of the construction process, upon which a Smoking Ceremony was held at the site. Kurna Elder Uncle Fred Agius (see photo) invited Elected Members, the project design team, tradesmen, the project control group and City of Mitcham staff to participate in the Ceremony, marking the official start of construction.

Schiavello Construction have been appointed as builders for

the two-storey Hub, which is centrally located in the heart of Blackwood, and will be a vibrant and inviting focal point for the local community, offering a public library, toilets, children's areas and toy library on the ground floor.

The second floor will include a community kitchen, outdoor seating area, gallery space, community meeting rooms, maker space and digital lounges.

"We are thrilled to be part of a project that will have a positive impact on the local community," said Dale Sweeney, SA Director and State Manager of Schiavello.

City of Mitcham Mayor, Dr Heather Holmes-Ross said the Ceremony and naming were a significant step in the project and reflected the Council's commitment to walking side by side with the Kurna people.

"We recognise and celebrate the deep connection of the Kurna people to the land," Heather said.

"Through our actions and our Reconciliation Action Plan, we hope to embed Aboriginal culture within the Council and the community at large."

Heather was happy to see a name which honours connection to place, and intentions of the project.

The Edwards Street carpark works are under way and due to be finished by mid to late August.

A water tank is to be installed beneath the Young Street car park in mid-July, to capture stormwater from the car park and slow down the flow to the surrounding reserve.

Onsite fencing has been put into place ahead of further construction works. □

* RAWsa is an Aboriginal Business Enterprise that was created to fulfil the opportunities South Australia presents to grow aboriginal Workforce Participation, Economic Independence and Social Inclusion across multiple support mechanisms for Aboriginal and non-Aboriginal peoples residing on these lands.



◆ Photo - Kurna Elder Uncle Fred Agius held a smoking ceremony on the Young Street site with invited guests to mark the official start of construction on the Blackwood Hub and Library building

Why choose the name 'BlackwoodTown'?

BY JAMES MAUDE*

'BLACKWOODTOWN' is the name of this project. It's a name that encapsulates the idea we are working towards.

Blackwood ... Like most names, its meaning as a particular place or thing, is far greater than the actual words describing a colour of a tree or timber, even though the reference to nature is evocative of the hilltop location.

Blackwood is the place. So, if Blackwood is a place what does that mean? Most literally, it can be defined as: "a particular position, point, or area in space, a location, a locality".

But that's only the start of it, because the name triggers associations in your brain and these will be different for everyone. Images, memories, a sense of home, or a place to visit, a functional need like shopping, or where a friend lives.

Or just a place to get through on your way somewhere else, and a difficult intersection.

This project is fundamentally about place. But it's about enriching place, maximising positive associations, creating new memories. Its about place that is dynamic, interesting, surprising, welcoming, nourishing and regenerative.

Blackwood is a place, but it would be hard to say any of those things about it right now.

While 'Town' implies a certain level of urbanity and a geographic scale.

Town is a human settlement on a scale bigger than a village and smaller than a city. A town can describe a central built-up area of business and shopping, and denser housing within a defined boundary.

Town also emphasises a clear difference from the surrounding suburbia. The Adelaide Hills suburbia is a much loved, lower density settlement characterised by detached houses, larger lots and vegetation.

A town on the other hand, has permission to be built-up, with higher densities and mixed uses. A town's greater concentration then generates a greater energy, more social interactions, and more economic activity.

But the failure to have a clear boundary often means the worst of both types: a lower density suburban town centre and denser suburbia.

A real lose / lose result in the Hills. And pretty much describing the situation in Blackwood, where the centre really struggles to project its urbanity and spark any energy, while the backyards in the encircling suburbia are slowly being subdivided.

'BlackwoodTown' ... A single word to describe a place and an idea.

This Project sets out to envision a place where people will want to be, to live, work and play. A place with energy and a thriving local economy, a place on a hilltop, and that place is BlackwoodTown.

□ To read more on this ambitious BlackwoodTown project and keep up to date with the latest content, you can subscribe and view more articles at www.blackwoodtown.com.au

James is the Creative Director of 'The Blackwood Town Project'. Born in Blackwood, he has also lived in Norwood, Cairns and Kuala Lumpur. Despite 30 years as an architect, he is still passionate about designing better urban places. He is putting these ideas out there because he is passionate and concerned about the long term survival of the Blackwood district - you may not agree with everything he is putting forward but at least it evokes discussion - we don't want Blackwood to disappear into oblivion ... Ed.

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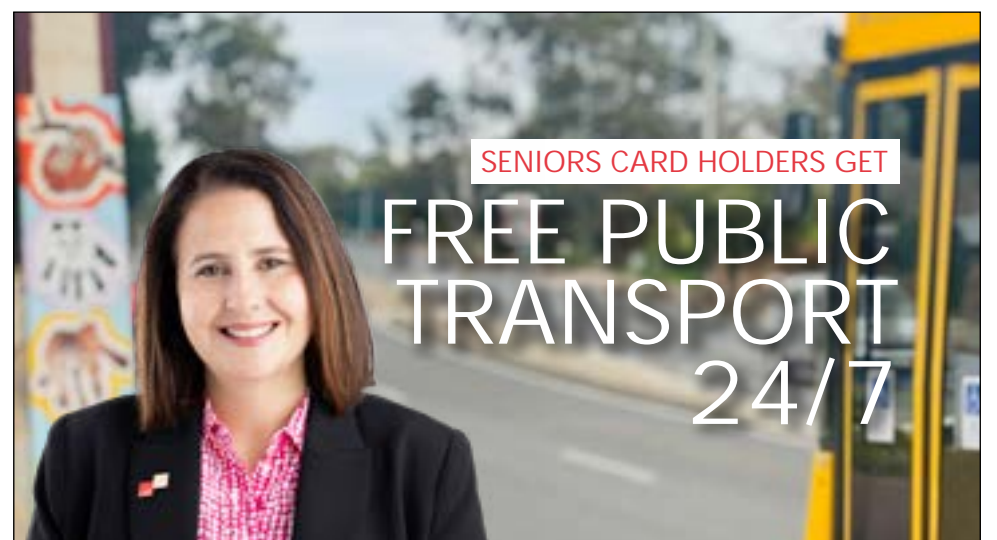
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Do you know where this is?

IN 2022, the Blackwood Action Group (BAG) is taking a different approach with its monthly article, planning to encourage awareness of our local heritage. Under the title "Do you know where this is?"... each issue of The Blackwood Times will feature a photo-

graph of a local historic site. Readers are challenged to find its location, and thereby have a chance to win a prize. The actual location will then be revealed in the following issue, and a brief description of the site and history.

THANKS to the people who entered last month's hidden sites competition ... the winners' names will be posted on the BAG website. Information about the location and history of the site that was published in the June 2022 edition follows ...

'TOLL of Bathing Season Begins ... in Sturt River at Blackwood, there was a double tragedy, when Francis McLaren Collins (16), and Rodney Saint, the same age, lost their lives ... Collins, was accompanied by Saint and a boy named Rex Dunstan ... Arriving at Cave Hole (believed to be upstream of today's Sturt Gorge Dam Wall) which is considered to be the deepest portion of the river ... Saint stripped off and jumped into the water.

For about 10 minutes his two mates watched him splash and dive in the water, but in the next instant they were horrified to see him throw up his hands and then disappear ... Collins, with frantic haste, removed his boots and otherwise fully clothed dived into the river ... Though he could not swim, Collins made a desperate attempt to reach Saint, but young Dunstan, who also was unable to swim, was startled to see Collins go under. ... Realising that if the two boys were to be saved, help must be got immediately, he ran ... for help. (The Mail 8 Oct. 1927).

Sadly, it was to no avail with the bodies of Frank and Rod, who were described as inseparable, being found.

Within weeks of the tragedy, the local community decided to erect a drinking fountain (see small pic above) in a central position in the town, and to place at the scene of the fatality a warn-



ing and some suitable means of assistance in case of emergency. (The latter is believed never to have eventuated).

The location selected for the memorial fountain was the eastern side of the Blackwood roundabout - today situated beside the Save the Children shop.

The fountain was hewn from Murray Bridge granite with the facia inscribed *In memory of Frank Collins, who sacrificed his life in a vain attempt to save his friend, Rodney Saint, from drowning in the River Sturt on October 8, 1927.* The cost of the memorial was met by local residents with the Mitcham District Council providing the site and ongoing maintenance.

In 1990, the Sunday Mail reported that vandals were continually pushing over the fountain and that it was badly damaged. Mitcham Council considered moving it in a bid to keep it safe.



However, no relocation occurred and the council has continued to maintain the fountain which is plumbed and fully functional.

Visit blackwoodactiongroup.org.au to submit your answer. All correct entries will be entered into a draw to win one of two \$20 vouchers for a local coffee shop.

For more information on BAG activities, phone 0408 117 003 or visit their website at : www.blackwoodactiongroup.org.au

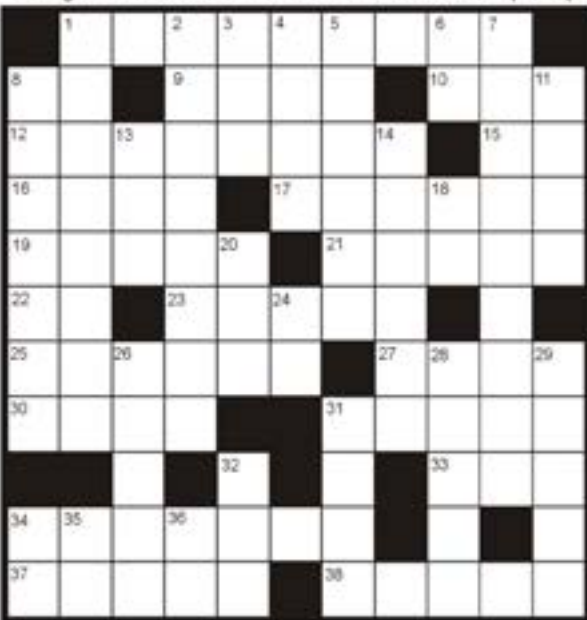
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- 21 Bump
- 22 Tellurium
- 23 Lasso
- 25 Oz is one
- 27 Profit
- 30 An age
- 31 Annoy
- 33 Jelly
- 34 Tyro
- 37 Fruit
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ANSWERS ON PAGE 11

Need to reduce our use of plastic

BY ANDREW TIDSWELL
SUSTAINABLE COMMUNITIES
BLACKWOOD



AUSTRALIANS use 130 kilograms of plastic per person each year and currently less than 12 percent is recycled into other products.

The previous state government banned single use plastic straws, cutlery and stirrers last year and polystyrene containers this year.

The next step to ban single-use plastic cups, lids, food containers and fruit and vegetable bags has gone to public consultation and we await the new government's response.

Businesses have easily transitioned to alternative paper, cardboard, bamboo and compostable plant-based products. Many businesses and events (such as Womadelaide) have gone plastic free.

Many other countries including Canada, the UK, most of the EU, and some US states have also been progressively banning various single-use plastic items; so we are in good company.

* Plastic free July

For the past eleven years the global movement Plastic Free July has been working to help people reduce their use of plastic.

Over 100 million people worldwide have

signed up to the challenge where you receive regular tips and success stories on reducing plastic waste in the home, garden, workplace and school. Check out their website www.plasticfreejuly.org

This July, I will have a box into which I will place all plastic waste used over the course of the month, to get an idea of how much our household produces.

Awareness is the first step in making meaningful changes.

While it is important that we reduce our personal use of plastic and improve our recycling rates, the real problem is the production of too much plastic in the first place.

Organisations such as RedCycle do a great job with their soft plastic collection bins in Coles and Woolworths supermarkets. They would love to expand their operation to other sites but don't have enough demand from manufacturers making products from recycled plastic.

Their bins are always overflowing so we as consumers are taking recycling seriously.

We were, however, conned many years ago by product manufacturers who shifted the responsibility away from themselves for producing too much plastic onto us consumers to tidy up their rubbish.

Some governments are now considering



Extended Producer Responsibility legislation whereby producers are required to take full responsibility for what they produce.

Companies do not like this, but making more sustainable goods and reducing waste and landfill ultimately is cheaper. Governments need to be bold in requiring them to comply.

In next month's *Blackwood Times* article, I will explain the code numbers identified on plastic items.

For more information on Sustainable Communities SA, visit their website:

www.sustainablecommunitiessa.org.au



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Motorists concerned about Kalyra speed bumps

by James Swanborough

A PROPOSAL to curb speed infringements on Kalyra Road in Belair has drawn opposition amongst the community, with some claiming a lack of proper consultation has resulted in a shortfall of well considered solutions.

After Mitcham Council received a request to review traffic movements in the area, a report to Council penned in 2018, noted that 15% of road users were over the speed limit coming down the steep suburban road.

In response to these concerns, Council officers installed traffic counters on Kalyra Road. Collected data has indicated that 85th percentile speed was recorded excessive as 65km/h on the 50km/h road. Council officers, therefore determined that traffic calming measures were warranted, based on the data collected and risks to road safety.

When a letter was sent to residents along Kalyra Road recently, proposing the installation of road cushions, in addition to new signage along the road, some in the community wondered why a broader consultation had not taken place, concerned that a solution had been assigned without thorough consideration.

However, Mitcham Council is planning for further consultation with the broader community and this will be undertaken shortly through the City of Mitcham's 'YourSay' platform.

Prior to undertaking engagement with the broader community, Council is consulting with the residents along Kalyra Road who are directly impacted by the proposed traffic management plan, as well as with residents from nearby streets including Randell Court, Marina Avenue, Gloucester Avenue, Caroline Avenue, Tree Top Terrace and Christine Avenue.

Meanwhile, Greg O'Grady, representative for the Mitcham Hills Road Network (MHRN) group, who monitor infrastructure projects in the area said the repercussions of the plan had not been thought out sufficiently.

"Kalyra takes a reasonable volume of traffic, especially at peak hour, which lessens the traffic at the Main Road end of Gloucester Avenue as a consequence," said Greg.

"This traffic calming may have undesirable outcomes for residents who are nearby the road cushions, particularly as cars then accelerate up the hill to the next one. There's devil

in the detail with stuff like this."

Another consideration was the thoroughfare of ambulances and emergency vehicles through the area. "Ambulances use that road, even just in ferrying patients to the aged care facility," Greg noted.

"Back in 2014, I was run over by a truck on my pushbike and suffered a fractured hip. The ride in the ambulance from Hendon, where the accident occurred to the Royal Adelaide, even with no speed humps was absolute agony.

Greg also received word that the CFS were not consulted for this proposal; "It sets off alarm bells that it could cause major issues in the case of an emergency," he said.

Others reflected O'Grady's sentiments on social media.

"In case of fire, how on earth will a safe evacuation take place! 50kph is already slow enough without having to negotiate the humps. I'm not anti 50 at all - there has to be a better solution," said one resident.

Another said improved signage would be enough to remedy the problem.

"Signage is inadequate. This is the only mention of speed on the up track of the road. I've therefore read it as 60km must be the

correct zoned speed with a lower 50km-suggestion-of-speed (as the signage suggests) to navigate the bend."

Discussion also addressed the results of the council traffic study, which found that no crashes had occurred.

"Without trying to sound like a hoon, there has not been a single accident on that road, let alone one attributed to speed. If the majority of cars are traveling at a modest 60 to 65kph (albeit illegal) without incident, maybe it is the speed limit that is the problem?"

The addition of speed humps will just add to congestion, noise, pollution and will make the passage of buses difficult, given they already struggle up the hill. It will also just push traffic on to alternative roads like Marina Avenue," posted one local resident.

Greg concurred that increased signage would seem a sensible solution to increase awareness and potentially slow some motorists.

"And the traffic data from October 2018, where there was a recorded typical speed of 55km/h on the up track and 63km/h on the down track, is completely consistent with a 60km/h road," explained Greg. □

Ukraine fundraiser receives fantastic support from community

WITH wonderful support from local businesses, and the generosity of the community for the fashion parade held last month, the event organised by the Blackwood Action Group (BAG), enabled a donation of \$6,625 to be presented to the Ukrainian Association of SA.

The funds will be used to assist the 270 refugees currently living in South Australia, together with more people on the way.

The fashion parade was a lot of fun with guests enjoying an opening dance performance from Blackwood's Innovation Calisthenics Dancers and a parade of gallant models wearing fashions from Snazzi's, Fairleys, Accolades, Kohl & Soda, Habitat, Intersport, Ditchfield Designs, Blackwood Lingerie, Red Cross and Blackwood Boot and Shoe Repairs.

Diane Howarth, who volunteers her time to help Ukrainian refugees, gave guests an informative and passionate presentation about Ukraine and the plight of refugees.

A delicious afternoon tea prepared by BAG's Community Links team and the raffle draw of an amazing range and number of prizes supplied by Blackwood businesses, completed the event.

"A big thank you to the community and businesses who supported this very success-

ful event, and to Catherine Hutchesson, MP for Waite and Mayor Heather Holmes-Ross for participating," said Pauline Dodd from BAG.

"Every cent raised went to the Ukrainian Association of SA from where it will be distributed directly to refugees. Also thank you to Westfield's Community Heroes Award grant and Blackwood Action Group for covering the event costs," added Pauline.

The Ukrainian Association offers language classes with free lunch for refugees every Tuesday and Thursday. This also serves to provide refugees with a shared sense of community, and an opportunity to seek support with sourcing employment and accessing community and Government services.



Quality goods are made available to the refugees through the kind donations from many community groups including Blackwood Lions Club.

Help is being sought from teams of people to be rostered to make lunches.

□ If you can assist in this way or by providing quality goods or hosting refugees please contact marina@helpukrainiansaustralia.com.au or phone 0423 602 474.



◆ Photo (from left): Janice Williams (BAG member), Diane Howarth (guest speaker), Iryna Kvasniuk (Principal of Ukranian School), Pauline Dodd (Fashion Parade Co-ordinator) and Sue Dobie (BAG member) at the cheque presentation with funds raised from the charity fundraising fashion parade

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Read new novel to recognise the local national park

"READERS have described the book as 'brilliantly crafted', 'riveting', and 'a beautifully cohesive story that coils and curls around itself' - said local author Claire Belberg (pictured below).

Claire has just released her second novel; a speculative story for young adults called *Evernow*, and is set around a location similar to the Belair National Park.

"This area of the Adelaide Hills is so rich in diversity, it's a fabulous place to set a story," says Claire, who describes herself as an avid birdwatcher and tame bushwalker, with an absorbing interest in human nature.

The story involves 15-year-old Bailey

Carpenter, who finds himself in an alternate time, when searching for a missing friend.

Evernow is written from the perspectives of Bailey and Emilia (his brother's girlfriend) and explores themes of loyalty, faith, nature and mental health.

Belair National Park informed the main setting, a fictional place called Camina National Park. Bailey's mind-bending adventure takes place with him and his friend Ed camping rough in the park, foraging for their food.

One reader asked, 'Can you really eat everything they ate?' The answer is, 'Yes, but...' Belberg carefully researched bush foods available in autumn at Belair (but, as she is quick to note, damaging plants in or removing them from a national park is illegal!).

Vivid descriptions of the bush and its inhabitants enrich a story about relationships under unusual stress. Read the novel and see if you can recognise your local national park!

From the blurb: *Bailey's search takes him to a familiar place on a weirdly different time line. Finding the friend turns out to be the easy part, but now he's haunted by the memory of a brother and another life.*

He and his friend enjoy living rough in the Australian bush, but it's not all it seems. Torn between worlds, Bailey faces opposition from his friend and the real possibility that he cannot return home.

☐ 'Evernow' is available at Shakespeare's Bookshop in Blackwood or by contacting the author at bellwriting@gmail.com



Chance to purchase original art from Rotary show



THE 38th Blackwood Rotary Art Show and Sale will be open to visitors during the July school holidays at Blackwood High School.

"Last year was a magnificent year for our 37th Art Show, after it had been cancelled in 2020 due to Covid restrictions," said Lyn Muller, Chair of the 2022 Rotary Club of Blackwood Art show Committee.

"We had 500 entries and sold 98 artworks, to a value of just over \$40,000 and was the best Rotary Art Sale on record since 2001."

The Art Show is always an interesting outing in the school holidays, with a wide range of art to view. You can vote for your favourite piece, and the artist with the most votes wins the people's choice prize.

The great variety of artworks on display are available to purchase, and enables people to buy original art to put on their walls, instead of prints. This is a fabulous way to brighten up your home.

"The Art Show provides both an opportunity for artists to exhibit their works to the local community, and to encourage the support of the arts within our community," explained Lyn.

"The sale of paintings has raised significant funds over the years by Blackwood Rotary for allocation to community projects that are "making a difference" for many groups and/or individuals," said Lyn.

The art generally varies in price from \$50 to \$3,500, thus allowing everyone to purchase

original art, rather than having prints on their home walls.

The Art Show proceeds enable the Rotary club of Blackwood to donate money to local service groups (like the CFS), local schools and reserves, and the Blackwood Memorial Hall, as well as supporting Rotary's significant overseas charitable projects such as Emergency Disaster Aid, Polio Eradication, and Education Scholarships in Nepal and Indonesia.

"Setting up an Art Show is a big undertaking as we have to transform school classrooms into a gallery," said Lyn.

"Along with most of our Rotary members and spouses, we were privileged to have some help from some locals in the hills community.

"I also want to thank a number of volunteers from other local service clubs who help out alongside Rotarians during the exhibition open days.

"And of course, we are extremely grateful to all the people who generously buy some of the art on display to brighten up their home or office, and in doing so have supported artists and future community projects.

"Thank you to all involved, who have contributed to making the 2022 Rotary Art show such a great project again this year," said Lyn.

☐ For more information contact Lyn Muller on 0417 312 853 or email blackwoodartshow@gmail.com

2022 Rotary Art Show Hours:
10am to 4pm
Thursday July 14 to Sunday July 17
Thursday July 21 to Saturday July 23

New 'tapas' tasting menu proving popular

THE 'House of Zen' is offering guests a new 'Winter Special Tasting Menu' where they can choose from a selection of tapas and enjoy a glass of house wine for only \$15.

"We thought it was time to offer something different to our diners after opening nearly 18 years ago," said Hung Lien, chef and owner of the House of Zen restaurant in Belair.

From salt & pepper squid to honey chicken, and sweet & sour pork to tempura vegetables - there's something for everyone.

You can still choose from their a la carte menu and select from an impressive range of beautiful wines.

And if you can't make it into the restaurant, you can also enjoy a delicious meal by ordering from their

takeaway menu.

So if you're looking for a night out with a difference and you don't want to drive far? Why go down the hill when you can enjoy a mouth-watering meal on your own back door step?

☐ Don't miss out - book your table today and try their new winter tasting menu from a selection of mouth watering tapas with a \$5 glass of house wine. Phone 8370 2333 to book. The House of Zen restaurant is located in the Belair Vines Shopping Centre at 6 Main Road (opp. BP Belair).

◆ Photo - House of Zen head chef, Hung Lien, is looking forward to meeting new clients wanting to try their new tasting menu



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blackwoodbusinessdirectory.com.au

Blackwood Lions Club

Bargain Centre

Shepherds Hill Road, Eden Hills
(next to Karinya Reserve)

Open Saturday mornings from 8.30am-12.30pm

For good quality second hand items at unbelievable prices!!

And if you have good condition items you no longer need ... drop them off Saturday morning or

Phone 8370 2144 for a pick up

Local groups come together to assist community Bike Shed

OVER the last couple of months, the Blackwood Church of Christ building (corner of Shepherds Hill Road and Waite Street) has been used as a polling booth for both the State and Federal elections.

A member from their congregation, suggested to the Church, that they use the events to run a sausage sizzle and cake stall to raise funds for local charities ... and what a great idea that turned out to be!

Thanks to the hard work of volunteers, and the generosity of the community, \$910 was raised during the State election for the CFS; and over \$1,400 at the Federal election for the Blackwood Community Bike Shed (located in the grounds of the Blackwood Uniting Church near the roundabout).

"The generosity shown by the Church of Christ to us is fantastic," said Community Bike Shed spokesperson Peter Jones. "It is only because of the donations we receive from the wider community, that we are able to continue the work we do."

The Bike Shed has been in operation for about 25 years, and 12 months in their current location. It is a great project which provides bikes for the various refugee groups, disadvantaged members of our society, and people generally in need.

"It is truly humbling to be given this donation, and simply to say 'thank you' to the Church of Christ, fails to adequately express the deep appreciation we feel," added Peter.

The Blackwood Church of Christ are going to continue running these sausage sizzles, once a month at the northern end of their building by the Drakes carpark in Waite Street. All funds received will go straight to local charities.

You're welcome to swing by and buy a snag. If you'd like to help out as a volunteer sausage cook, we'd love to hear from you.

☐ For more information, contact the Blackwood Church of Christ at email: office@blackwoodcc.org.au or phone 7222 9235.



◆ Photo – (from left to right): Blackwood Church of Christ members - Liz Jeisman, Wendy Slade, Barry Slade and Barry Jeisman, presenting a cheque with the proceeds from their sausage sizzles to Peter Jones (Bike Shed manager), Lynn Mayman and David Channing (Bike Shed volunteers)

Are you enrolled to vote in Council elections

MITCHAM Council are encouraging landlords, business lessees or residents who are non-Australian citizens to enrol to vote in the 2022 Council elections, to be held in November this year.

Council's supplementary voters roll expires from 1 January in the year of elections. The supplementary roll are for people who are not on the electoral roll:

- You have been resident at your current address for one month and are not on the State electoral roll
- You are a sole owner/occupier of rateable property
- You are not an Australian citizen but you have been a resident at your current address for one month
- You are a landlord for rateable property
- You are an organisation/business owner or occupier of rateable property
- You are a group of owners or occupiers of rateable property.

Enrolment forms are available at www.mitcham-council.sa.gov.au/council-elections or call Mitcham Council on 8372 8888.

☐ Registration to vote closes 5pm Friday 29 July.

New specialist bike tools donated to Bike Shed

WHILE last month another coming together of community occurred at the Blackwood Uniting Church (near the Blackwood roundabout).

As a result of the generosity of the Blackwood Lions Club and help from Mitcham Cycles, three sets of specialist tools (see photo on right) were gifted to the Community Bike Shed to assist the volunteers in the repair and refurbishment of bicycles for disadvantaged people.

"It is with true pleasure, I wish to say thank you to both Mitcham Cycles and the Blackwood Lions Club in helping us to continue to help others," said Peter Jones, Bike Shed spokesperson.

☐ If you would like to help out at Bike Shed or are looking for a good quality reconditioned bike of any model, check out the car park at the rear of the Blackwood Uniting Church on Monday mornings between 9am-12noon or phone the Church on 8278 7699.



◆ Photo – (from left) Peter Jones from the Bike Shed with Simon (Beechy) Beech from Mitcham Cycles, Kevin Brook (Blackwood Lions Club president) and Bernard (Bernie) Egan (Blackwood Lions member)



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Changing mindsets on healthy eating and healthy weight

"I'M a long-term Blackwood local, having lived in Eden Hills for more than 30 years," said nutritionist, writer and environmental lawyer Megan Dyson (pictured) who has launched her book, *Five for Life: Healthy ways for healthy weight*.

Megan's long-term passion for nutrition and healthy eating switched to 'serious mode' when her husband was diagnosed with late-onset type 1 diabetes. Deciding to take the next step, Megan completed studies to become a nutritionist and build on her commitment to change mindsets about healthy eating and healthy weight.

"Both my sons went to school here, and I love the friendly, community vibe of the area, supporting local businesses whenever I can. And of course, we're beyond fortunate to have the beautiful Belair National Park on our doorstep."



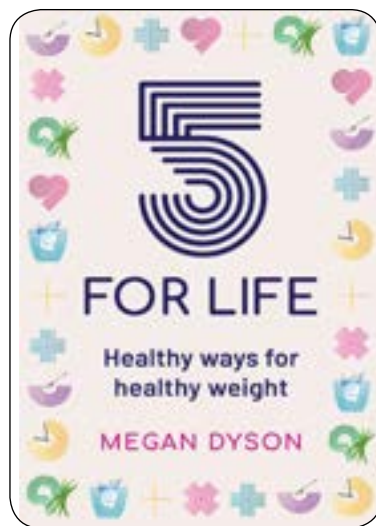
'Weight loss world', diet culture, and the general media are awash with advice on what to eat, and how much. Mostly it's about calories, calories, calories...

But in fact, safe and permanent reduction in body fat is about changing habits around eating: habits related to our treatment of ourselves, and around what, when, how and why we eat.

Megan's book lays out a simple, evidence-based approach to reducing body fat. Not a diet book, and not just a book about what to eat; it's a unique, evidence-based exploration of habits essential to the whole picture of healthy eating.

She wrote *Five for Life* as a comprehensive, compassionate and sensible guide to a different way to think about food and eating. To help bring about real change with a hands-on learning experience, the book is also being developed into a series of online short courses.

❑ *Five for Life* is available from <https://5forlife.com.au> and Shakespeare's Book Store, and online book distributors (Booktopia, Book Depository, etc). The eBook version is available from online eBook distributors including Amazon.



Invest in growing your own veggies at home

BY DIANA BICKFORD

CURRENT spikes in vegetable prices are hitting our pockets and turning more people to doing more with their home gardens.

What a great investment of time and energy and the rewards are big.

Health and wellbeing is enhanced through the regular activity, creativity and joy that emanates from the fun of growing your own food.

Gardening is a passion that connects and inspires. Community develops as sharing and swapping occurs.

Challenges come and go. All the while teaching resilience, patience and deepening our understanding of our vital and important connection with the natural world.

Any small space can become a productive garden, raised beds, wicking beds, tubs and planters all grow veg easily and productively, so limited space is not a limiting factor.

Every Wednesday morning at Cherington Therapeutic Community Garden from 10am until 12noon, the Garden is open for anyone to join us and see our model of food gardening using



wicking beds, which is located in the historic and beautiful garden of the former Blackwood Hospital on Laffers Road (now the home of 'Integrative Health Solutions') - see photo below.

Join the growing connection of those growing food - plants are a powerful way to reconnect with our humanity in the natural world.

❑ For more information, phone the Cancer Care Centre on 8272 2411; or contact Diana Bickford on 0407 339 660.



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info@blackwoodtimes.com.au

WHAT'S ON IN BLACKWOOD & DISTRICTS

Visit www.blackwoodbusinessdirectory.com.au anytime for an up-to-date listing of local events

FREE Listings ... looking for more members ... publish your club's notice and contact details here each month. Send email to info@blackwoodtimes.com.au

◆ **2 July**
NATIONAL TRUST COROMANDEL VALLEY & DISTRICTS - anyone is welcome to join in their morning tea and catch up with friends or meet new locals - held at the Watchman House on Main Road from 9am-12noon. For details visit our Facebook page or ph 0474 066 776.

◆ **3 July**
BOTTLE COLLECTION - from 9am by Belair Scout Group. Collect ALL GLASS bottles and jars, ALL REFUNDABLE cans, bottles and cartons from your driveway. Any queries phone Nicola on 0412 708 940.

◆ **3 July**
BLACKWOOD CRAFT MARKET - from 10am to 3pm at Blackwood Memorial Hall, 21 Coromandel Parade. Admission is free. New stall enquiries to Kerrie on 0427 410 917.

◆ **3 & 17 July**
OLD GOVERNMENT HOUSE - located in the Belair National Park and is open from 1-4pm. Tour with afternoon Devonshire tea \$15pp; and tour only \$5 for adults and children under 12 free. Entry into Belair National Park is free if visiting OGH - tell staff at gate. For more information phone 0417 870 596.

◆ **4 & 18 July**
BLACKWOOD ROTARY - meet at Belair Hotel, 141 Main Road at 6pm for 6.30pm start. If you would like to attend a meeting or are interested in joining the club, please contact Kevin Marsh on 0428 522 632.

◆ **4 & 18 July**
COROMANDEL VALLEY ROTARY - meet at Parish Hall, 337 Main Road,

Coromandel Valley (behind St John's Church) at 6pm for 6.30pm start. If you would like to attend a meeting or are interested in joining the club, contact Peter on 0408 841 150.

◆ **6 July**
BLACKWOOD LIONS - meet at 6.30pm in Blackwood Memorial Hall, 21 Coromandel Pde. New enquiries welcome. If you want more information or thinking of joining, give Chris Martin a call on 0409 900 499.

◆ **6 July**
BLACKWOOD RECONCILIATION GROUP - meet in the 'Coffee Lounge' room in the Blackwood Uniting Church (near Blackwood roundabout) at 7pm. For more information see Facebook or email: blackwoodreconciliationgroup@gmail.com

◆ **7 July**
BLACKWOOD PROBUS CLUB - meet at Masonic Lodge, 229 Main Road (opp. Coles) from 9.30am. An informal and social outlet for retired and semi-retired ladies and gents. Visitors and new members welcome. Enquiries to Norman on 8178 2653.

◆ **7 July**
TONSLEY VIEW CLUB - meet at the Tonsley Hotel, South Rd, Tonsley, at 11am for 11.30 start. Cost is \$25 for lunch. Often have guest speaker, raffle and trading table. VIEW is a women's group supporting The Smith Family by sponsoring children. Phone Deborah on 0468 630 020 or email: tonsleyviewclub21@gmail.com

◆ **9 July**
AUST SEWING GUILD (MITCHAM) - anyone interested in sewing from beginners to advanced are welcome. Held at Blackwood Uniting Church, (near Blackwood roundabout) from 1-4pm. Phone Donna on 8374 3172 or 0413 022 162 for details.

◆ **9 July**
BLACKWOOD PHILATELIC CIRCLE - meet at 1.30pm at the Blackwood Uniting Church near the Blackwood roundabout. Displays and sales of a wide range of Australian and World stamps at most meetings. Everyone welcome to attend. Phone Trevor on 0437 050 831 for further details.

◆ **10 & 24 July**
JOAN'S PATCH : A GARDEN FOR THE COMMUNITY - meets 1-4pm at Joan's Pantry, Watahuna Avenue, Hawthorndene to share ideas, plant seedlings and tend to community garden. New members welcome. Enquiries to Deb on 0419 824 787 or e: jpkitchengarden@gmail.com

◆ **13 July**
BLACKWOOD HILLS CIRCLE OF FRIENDS FOR REFUGEES - meet at Blackwood Uniting Church near the Blackwood roundabout in the Cafe lounge. Everyone welcome to attend. For more information email annabeldayal@gmail.com

◆ **14 & 28 July**
BLACKWOOD PHOTOGRAPHIC CLUB - meet at Blackwood Memorial Hall, 21 Coromandel Pde, Blackwood at 7.30pm. Visitors and those interested in amateur photography welcome. Contact Ian on 0410 634 046 or email: panjarri@gmail.com

◆ **14 July**
HAWTHORNDENE MENS' PROBUS - meet 9.30am at Belair Uniting Church, Sheoak Rd, where retired men find new interests, new friends and stimulating speakers. Also, regular outings, reading and walking groups. New members welcome - contact Robert on 0488 170 848.

◆ **19 July**
FRIENDS OF STURT GORGE - meet at 7.30pm. Hold regular working bees

to maintain trails and weeding days. Phone Bob Grant on 7329 8296 for meeting location and working bees. Visit www.fosg.org.au and email: bob-grant@adam.com.au

◆ **25 July**
BLACKWOOD FLORAL ART CLUB - held at Blackwood Uniting Church at 7.30-9pm. All welcome but must email attendance in advance - no experience required. View activities of club at: www.blackwoodfloralart.blogspot.com.au

◆ **25 July**
MITCHAM HILLS COMBINED PROBUS - meet at Club Marion, 262 Sturt Road, Marion from 10.30am. Come and enjoy our happy and friendly retirees for fun, fellowship and friendship. Phone Christine on 0400 809 704 or visit www.probusouthpacific.org/microsites/mitchamhills

◆ **27 July**
ZONTA CLUB OF ADELAIDE HILLS - work to advance the status of women worldwide through service and advocacy. Meet at Belair Hotel at 6.30pm for 7pm start. Visitors welcome. Contact Bev on 0407 603 117 for details.

◆ **28 July**
COMBINED PROBUS CLUB OF COROMANDEL VALLEY - has relocated to St Johns Anglican Church Hall, 337 Main Road, Coromandel Valley. Meetings are held at 10am We are a medium size Club with maximum membership of 75. Each meeting we have a guest speaker and each month an outing is planned as well as 'gals' and 'guys' coffee mornings. New members most welcome. Contact Bob on 0418 836 414 or Heather 0448 351 880 for more info.

◆ **Every Monday**
KEEP FIT FOR MATURE MEN - held at the Belair Community Ctr, Burnell Drive from 7.30-9pm. Keep active with warm up exercises keep fit exercises and volleyball. Phone Jim Thompson on 8278 2927 for details.

◆ **Every Tuesday**
GROW MENTAL WELLBEING GROUP - held at Blackwood Uniting Church (near roundabout) from 7-9pm. Are you looking for support - everyone welcome. Phone church on 8278 7699 for details.

◆ **Every Wednesday**
RETIRE ACTIVE SA (BLACKWOOD) - Meet at the Blackwood Football Clubrooms on Trevor Tce, Blackwood from 9:30am til 2pm. Do you enjoy Table Tennis, Indoor Bowls, Darts, Pool and Board Games? Tea, Coffee and biscuits supplied BYO Lunch. Enquiries to Brian Andrews on 8327 1247.

◆ **Every Thursday**
COROMANDEL BRIDGE CLUB - meet at the Coromandel Community Centre, Weymouth Oval at 12.30pm. New members and visitors welcome. Tuition available to the inexperienced and learners. Phone Roger on 8278 5320.

◆ **Every Friday**
CARING FRIENDS - meet at the Hawthorn Community Centre, 5 Frimley Grove, Hawthorn at 10am. A friendship group supporting adults who have experienced the loss of a loved one. Contact Janita on 0403 858 474 or e: acushla54@gmail.com

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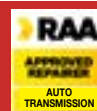
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Bringing diverse multicultural groups together with soiree

MOUNT Barker is one of the most beautiful suburbs in the Adelaide hills, and so are the people. The community in Mount Barker has always shown their kindness towards each other, and this time that kindness morphed into something more positive than ever.

Last month, Jimiur Pathan and Heema Jimiur from Mount Barker decided to throw a soiree celebrating the diversity and colours of multicultural community.

They may also be familiar to Adelaide hills residents for their passion to save

koalas when they started up the 'Friends of Koalas' group.

Together with a team of volunteers, they put together a wonderful event inviting approximately 90 people from various cultural backgrounds.

The Mayor of Mount Barker, Ann Ferguson was invited as Guest of Honour who greatly appreciated Jimiur's efforts in bringing various multicultural communities under one platform.

This lunch party and get together was arranged in Methodist Lecture Hall. And as a multicultural gathering is empty without an exquisite food pallet, in order for the guests to enjoy good food, Jimiur himself did the cooking and catering for the event.

During his opening speech, Jimiur emphasized his motivation to spread more love, tolerance and awareness of diverse communities.

Jimiur also assured everyone that they will keep organising these beautiful gatherings in the future celebrating all major holidays including, Christmas, Eid, Diwali, Easter etc.

His next plan is to hold a multicultural food festival where traditional cuisines will be offered to enjoy.

Jimiur would like to extend his special thanks to founder members, Jessie Ratledge, Mary Cudsi, Margaret Rose and the team of dedicated volunteers.

◆ Photo - (on left) Jimiur Pathan and Heema Jimiur with Ann Ferguson (centre) Mayor of Mount Barker



How to avoid scams this tax season

TAX season is fast approaching and unfortunately, that means Australians could be hit with an influx of tax scams

A global leader in digital security and privacy is warning Australians to be extra vigilant over the coming months to avoid falling victim to a tax time scammer.

People right across the country will be looking to lodge their tax claims in the next months, giving cyber-criminals a prime opportunity to seize, intercept and execute tax-related scams.

Often, these scammers pose as someone you know - or an institution you use - and offer an easy "fix" to a problem you have in an official-sounding way or even give the victim a sense of urgency that they must hand over their information to be cleared of a financial issue.

Stephen Kho, cyber security expert at Avast says, "We know these scams have been prevalent in high numbers over the last few years, so it's important to be on the front foot and know what to look out for when it comes to identifying fraudulent activity online, especially around tax time where we are having conversations around finances with various institutions."

"Cybercriminals are always looking for new ways to steal your data, personal details or money through increasingly sophisticated scams and online threats and the timeliness hook of tax time helps them seem more legitimate."

Stephen has shared three examples of prevalent tax scams to look out for, plus ways to avoid them.

1. Fake tax preparers claiming they can do your tax return fast, and for a low price. These fake tax preparers often operate by accessing the myGov accounts of their clients and lodging their tax returns through the ATO's myTax web portal, or take your personal details and your payment, and then disappear.

How to avoid this scam:

- Check that your tax preparer is registered on the Tax Practitioners Board (TPB) . They may display the TPB logo on their website, but you should still double check to ensure they are legitimate. (https://www.tpb.gov.au/registrations_search)
- Never share your myGov password with anyone. Sharing your information (such as your myGov password) with an unregistered practitioner puts your personal and financial affairs at risk.
- Setup your myGov account to use two factor authentication. You can use either the myGov Code Generator app or receive a code by SMS when logging in. This will further protect you from unauthorised access to your myGov account.

2. ATO phishing scams used to trick you into giving them your sensitive information. These scams work by impersonating a trustworthy and reputable company or individual to gain access to information such as usernames, passwords or credit card numbers. In an Australian Taxation Office (ATO) phishing attack, the recipient will typically receive an "urgent" email, SMS or automated phone call claiming to be from the ATO with instructions to follow a link to log in or make a payment on an outstanding tax debt.

How to avoid this scam:

- If you receive a phone call, SMS, or email from the ATO, don't click on links to log in to your account, send payments or provide any personal information. The ATO will never threaten you with immediate arrest, demand payment, or suspend your TFN. So, if you're not sure if it's the ATO contacting you, phone them directly using the phone number on their website to check.
- It's also worth installing a digital security product, like Avast One Essential, to protect you from any malicious software that you might download from a tax scam email, and using a secure browser with a VPN like, Avast Secure Browser, which has an Anti-Phishing solution in the desktop browser to defend against malicious threats when browsing the internet.

3. Emails posing as the CEO, director, or a payroll provider known as Business Email Compromise scams

In a business email compromise scam, attackers target those with financial-related roles and sometimes even employees. They then send emails asking for copies of payroll details or PAYG payment summary forms, which include all the personal information a cybercriminal would need to steal someone's identity. These emails start with a friendly greeting before getting to the request, attempting to put those targeted at ease before asking for the forms or details.

How to avoid this scam:

- If you work for a company, make sure to strictly follow your company's payment authorisation/approval process.
- Never send tax information electronically without first verifying with the sender in person or on the phone that they sent the request in the first place. It's worth taking the extra precaution, as the likelihood of this type of scam increases during tax season.

☐ For more information check out www.avast.com.au

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Editorial & advertising offices:
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info@blackwoodtimes.com.au
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Invite to Vanilla Sky Studio during SALA

"I DECIDED in my early teens that I would be an artist and this ambition took me to London in the mid 60s and art school," said Alan Todd, local artist.

"Four years later, I decided to emigrate to Australia and landed in Adelaide in 1975, now living in Craighburn Farm.

"While I have always painted, the 80s were devoted more to steel sculpture and the 90s and beyond to contemporary dance and stage design. I returned to painting, and now sculpture, in 2016.

"I have mounted 16 shows since then; and exhibiting as part of SALA has been a regular endeavour," added Alan.

Alan will be holding an open studio throughout SALA 2022 at his 'Vanilla Sky Studio' in Craighburn Farm.

In 2016, Alan built the Vanilla Sky Studio and workshop on what was a bare hillside at Craighburn Farm. The name has nothing to do with the Tom Cruise film but is a visual metaphor.

When this house stood alone, it was the huge, white, flat sloping roof that shone in the sunlight above the ochre walls. Of course, it is now mostly hidden behind other developments but remains unique. The studio is the top floor and

the lower level is the workshop.

There will be two exhibitions of work on display with:

* **Exhibition 1** on August 6 & 7 and August 13 & 14 featuring 'Conversations with my Father'

In 2018, Alan began a series of paintings entitled Conversations with my Father. The title was ironic in that conversations were few and far between. They lived on opposite sides of the world for 50 years and such conversations that there were seldom lasted five minutes.

While the 2018 paintings were large, colourful and to an extent autobiographical, this continuation is sculptural. I am using the detritus from building site skips all over Craighburn Farm to create this new suite of works.

* **Exhibition 2** will be held on August 20/21 and 27/28 showcasing 'Myth, Memory and Metamorphosis' works.

Alan's most recent exhibition in Adelaide was 'Myth, Memory and Metamorphosis' at the



◆ Photo - Local resident and artist, Alan Todd working on some of his sculptures in his Vanilla Sky Studio located in Craighburn Farm

Main Gallery in Franklin Street. He followed a theme first explored in the early 90s of the decay of history at Port Adelaide.

His memories were all of wood, concrete and straight lines. Most of that history has now gone.

The extensive suite of paintings that resulted took as their starting point the grid-like structure of the old jetties and mooring posts.

Alan's website www.alantoddivisualartist.com contains a great deal of information about his artistic journey.

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The program is a call to action for all Australians to get their hands dirty and give back to their community.

It's a day to venture outdoors, get to know your community and, most importantly, have fun!

This year Schools Tree Day is being held on Friday 29th July. Each year, more than 3000 students participate nationwide in environmental activities that educate individuals about the world around them.

Activities range from planting bush tucker gardens,

SUNDAY JULY 31

national tree day

PLANETARK TOYOTA

building habitat for native wildlife, nature play and more.

National Tree Day is being celebrated on Sunday 31st July, but Planetark encourage events at any time of year.

Each year, hundreds of thousands of people volunteer their time to plant seedlings and regenerate thousands of hectares of unique Australian landscape.

To learn how to host an event, download the Community how-to guide. The guide offers a wide range of activities and event ideas to help you get started.

Don't have time to host an event? You can still get involved by volunteering at a site near you.

☐ Visit the PlanetArk website at www.treeday.planetark.org to find a site near you, or phone the National Tree Day Hotline on 1300 88 5000.



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